

# Rune Magic and Shamanism

*Wisdom and Power from Earth and Cosmos*



***A course with Jörgen I. Eriksson***

***27-29 September 2024 in Tallinn***

This course is about how to work with the runes in the 21<sup>st</sup> century in order to defend Mother Earth and to preserve and heal Nature and the sacred sites in our own landscapes. Rune magic is an integral part of a Nordic shamanic way of knowledge that was long forgotten but recreated by new shamans in Sweden towards the end of the 20th century. The aim was to pull the essence of the runes from the recesses of history and bring the knowledge into our own time.

**Jörgen I Eriksson** has been working with the runes and the Nordic shamanic tradition since the early 1980's and his book *Rune Magic and Shamanism* is available in English. The runes possess a great inherent power. They represent knowledge from Mother Earth and the Cosmic Consciousness and do express the totality of all knowledge that is dispersed everywhere, all over the universe. The

runes represent knowledge and power that originated even before the Big Bang – flowing forth from The Unknowable. They are doorways to Dreamtime, to the non-ordinary reality, and by working with them one can experience the cosmic energy directly. This knowledge and power can be manifested in healing and balancing of humans, animals, plants and Mother Earth. By combining runes with other shamanic methods such as drumming, soul journeying, vision quests and ceremonies they can manifest their full potential in ordinary reality, something that is of utmost importance in our days of climate collapse, destruction of Mother Earth and mass extinction of species. This aspect of rune magic has been developed into what Jörgen calls *shamanistic activism in defence of the Earth*. The aim of this course is to help participants to find their own unique ways to knowledge and power with the help of the runes.

**Practicalities:** Info in Estonian on Facebook:

<https://www.facebook.com/events/327011713541314>

**Jörgen I. Eriksson** has been working in the Nordic shamanic tradition for more than 40 years. He has written several books on Nordic shamanism and on Saami and Navajo spiritual traditions. His work is presently focused on defending the Earth from all sorts of destruction and on reawakening, protecting and preserving sacred sites. More info on his web site [www.norrshaman.net](http://www.norrshaman.net)

